# PROSTATE AWARENESS

RESEARCH AND TREATMENT

## DR. SANJAY RAZDAN, M.D., MCH OUR FOUNDER

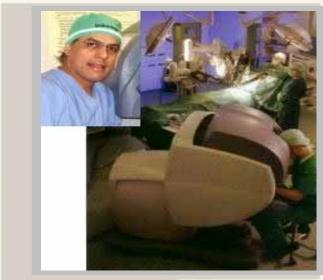
The founder of the organization "Prostate Awareness Research and Treatment (PART) is Dr. Sanjay Razdan. Dr. Razdan is fortunate to have his partners and his staff who provide extensive help and support. Specializing in Urologic Oncology with special interest in prostate diseases he offers over six years of experience in Robotic Prostate Surgery for Prostate Cancer. He is the director of the Urology Center of Excellence and the International Robotic Prostatectomy Institute. As one of the global leaders in Robotic Prostate surgery for prostate cancer, his series is among the largest by a single surgeon in the World.

As the founder and Medical Director of the Urology Center of Excellence at Jackson South Hospital, his love and dedication for his profession and his patients goes beyond his dynamic enthusiasm. He really puts talent into his work and goes that extra mile which is so crucial when it comes to outcomes in patients with prostate cancer.

#### **OUR GOALS**

- Awareness about prostate cancer
- Patient Education through monthly newsletters
- Medical Research
- Eventually finding a cure for prostate cancer

The funds raised through donations will be used to provide assistance to patients who can't afford treatment. Dr. Razdan will donate his time and expertise and perform a Robotic prostatectomy on one patient a month all expenses paid by PART. We believe in treating and providing the best support services such as patient mentoring, education, and creating awareness of prevention and treatment options for the patient and family members.



DR. SANJAY RAZDAN, M.D., MCH

## **Da Vinci Robotic Protastectomy**

## Benefits and advantages

- Shorter hospital stay
- Minimal pain
- Less risk of infection
- No blood transfusions
- Less scarring
- Faster recovery
- Quicker return to normal activities
- Excellent Urinary Control
- Excellent Erections

### OUR PATIENTS ARE P.A.R.T. OF OUR FAMILY

Dr. Razdan recently hosted a recognition ceremony for his patients who he refers to as "Winners". They aren't cancer survivors; they are winners because they have won the battle. He has performed over 1000 surgeries in the last 6 years. His profession as a doctor is more than just a job. He is devoted to his patients who are like family to him. Hundreds of patients and families attended this event where they were given an opportunity to share their experience with doctors and other patients. Their experience entailed what factors lead to choosing Dr. Razdan and the innovative procedure.

The event was extremely successful and it contributed to raising awareness for prostate cancer.

At the reunion the patients along with their families expressed their gratitude towards doctor Razdan and his staff; congratulating them for their hard work, support, and dedication.

"EVERY DAY IS A BEGINNING SO LET'S FACE IT WITH A SMILE"

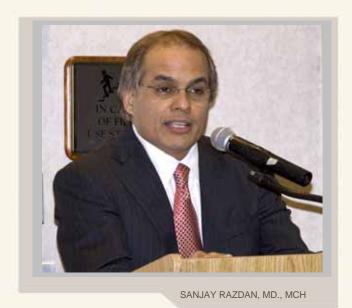


**RECOGNITION GALA 2009** 



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# PROSTATE AWARENESS RESEARCH AND TREATMENT



## PREVENTION METHODS AT YOUR **FINGER TIPS**

- REGULAR SCREENINGS
- MAINTAIN A HEALTHY DIET
- EXERCISE REGULARLY
- MAINTAIN A NORMAL WEIGHT
- SLEEP 7 TO 8 HOURS
- REDUCE STRESS
- AVOID SMOKE AND SMOKING

## WITH AWARENESS COMES **PREVENTION**

Being informed about early detection of prostate cancer can improve survival rates significantly.

Theoretically all men are at risk for developing prostate cancer. The risk of prostate Cancer increases with age and it can be found either in young or older men. Ideally healthy men over 50 should get a PSA blood test. The recommended age could be earlier between 40 and 50 depending on the family history and ethnic background.

#### MOST PROSTATE CANCERS DO NOT CAUSE **SYMPTOMS**

#### LATE CASES MAY PRESENT WITH

- Urinary symptoms
- Fatigue
- Loss of Appetite and Weight loss
- Generalized aches and pains

#### OPTIONS FOR TREATMENT OF PROSTATE CANCER... Each one has their own risks and benefits.

- Robotic-assisted radical prostatectomy
- Laparoscopic radical prostatectomy
- Cryotherapy
- Radical retropubic prostatectomy
- External beam Radiation therapy
- Chemotherapy
- Brachytherapy (seeds)
- Hormonal Therapy

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NOVEMBER 2009

Together we can and will defeat Prostate Cancer, Winners...for life!"



SANJAY RAZDAN, MD., MCh

#### P.A.R.T MISSION

Our mission is to create awareness about diseases of the prostate especially prostate cancer the leading cancer among men. Prostate Cancer is the second leading cause of male death in the United States. Every year over 232,090 men are diagnosed with prostate cancer, and about 30, 350 die. Majority of deaths from prostate cancer are related to advanced disease with metastases. If detected early, prostate cancer is mostly treatable.

Prostate Awareness Research and Treatment (P.A.R.T.) an organization committed to providing cutting-edge surgical technology, innovative medical research, and offering the best comforting patient care available. It is our priority to help patients and their families deal with Prostate Cancer and its effects.

PROSTATE AWARENESS
RESEARCH AND TREATMENT

www.prostateawareness.net

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If you want to be on PART's mailing list and receive a free monthly newsletter, just go to our website and fill out your name, address, and why you are interested in updated and informative prostate information

"Sometimes it's the smallest decisions that can change you life forever" NAME AND MAILING ADDRESS OF RECIPIENT