

PROSTATE



AWARENESS
Research & Treatment

VOLUME 3
Summer/Fall
2011



Summer/Fall 2011

*“HELP US
BEAT THE
FIGHT
AGAINST
PROSTATE
CANCER”*

In this Volume

- PROSTATE AWARENESS RESEARCH AND TREATMENT ADDRESSING THE NEEDS OF MEN GETTING A YEARLY PSA BLOOD TEST AND PLANTING THE SEEDS FOR A HEALTHY FUTURE
- SYMPTOMS AND SURGICAL TREATMENTS OF PROSTATE CANCER
- “THANK YOU FROM THE HEARTS” FREE PROSTATE CANCER SURGERIES
- 1ST INTERNATIONAL ROBOTIC PROSTATECTOMY SYMPOSIUM 2011
- EVENTS
 - JOURNAL CLUB
 - AWARENESS
- 2ND INTERNATIONAL ROBOTIC PROSTATE SYMPOSIUM 2012
- AUREON BIOSCIENCES

*Make a donation
Participate in our events
Enroll as a member*



Prostate Awareness

Research and Treatment

PROSTATE CANCER SYMPTOMS

INCLUDE:

- ✓ POOR URINARY STREAM
- ✓ DIFFICULTY IN INITIATING THE URINATION
- ✓ BONE PAIN FROM SPREAD TO THE BONES
- ✓ PELVIC DISCOMFORT
- ✓ BLOOD IN THE URINE AND SEMEN
- ✓ SWELLING IN THE LEGS

PROSTATE CANCER RESPONDS TO THE

FOLLOWING TREATMENTS:

- ✓ HORMONAL THERAPY
- ✓ CRYOSURGERY
- ✓ OPEN RADICAL PROSTATECTOMY
- ✓ ROBOTIC RADICAL PROSTATECTOMY
- ✓ BRACHYTHERAPY WHICH INVOLVES IMPLANTING RADIOACTIVE PELLETS IN THE PROSTATE OR APPLYING EXTERNAL BEAM RADIATION

What are prostate problems?

The prostate gland is a small walnut sized gland present in men. It sits below the bladder and surrounds the urethra which is a narrow conduit transporting the urine from bladder to the outside of the body. Its secretions contribute to the seminal fluid. With advancing age, especially in men above 40 years particularly those who belong to the African American community and in those with strong family history of prostate cancer, this gland can become cancerous.

Other possible risk factors are chronic prostatitis due to sexually transmitted diseases, smoking, obesity and consuming diet rich in fat content. It is the most commonly diagnosed cancer in men and is the second leading cause of cancer death among the male population.

A screening test for Prostate Cancer called Prostate Specific Antigen (PSA) Levels in your blood can be requested by your physician and in case it is found normal, to continue repeating the PSA levels on yearly basis as a follow up. In case PSA levels were found to be raised, your physicians will guide you about the other investigations required to confirm the presence or absence of cancer in the prostate which may include cystoscopy, prostate biopsy and different scans. The result of these investigations will help your physician to select the most appropriate therapy suited in your case and discuss with you the risks and benefits of the procedure.

Aim of surgical treatment?

The main aim of the surgical treatment is to achieve TRIFECTA which include achieving the main objective of getting rid of all the cancerous tissue, preserving erectile functions and attaining good urinary continence after surgery. Modern methods like Robotic assisted laparoscopic surgery help achieve this objective by increasing the precision. The blood loss and the collateral damage to the surrounding healthy tissue is minimized significantly along with the reduced incidence of post operative infection. It all translates in shortening the duration of hospital stay, shorter post surgical convalescent period and overall better surgical outcome.

P.A.R.T CONTINUES TO HELP SAVE LIVES



Once you choose hope, anything's possible. ~Christopher Reeve



"Too many times in our society the terminology of "**HERO**" is used in the context of a player accomplishing a spectacular feat in a game of some kind. But the true **Hero's** of our time are the people who have been blessed with a special gift and ability of *healing* and being able to give a person their **life** back. Doctors such as Dr. Razdan was blessed and given such a gift, and there is nothing better on this earth than the gift of life.

To say **thank you** to Dr. Razdan and the foundation are words that to **me can't show the full appreciation** of what was given back to me. To be able to live and see my daughter and grandchildren grow up and to be able to **share** their life with them can *never* be measured into words. But for now a very deep, **sincere** and heartfelt thank you is all I can say to Dr. Razdan and the foundation at this time.

From all my family and I,

Thank you,

Bob Curbello"

"Thank you for making my surgery **possible**. My family and I are *forever* thankful for all your hard work. I wish nothing but the **best** for you in the coming years. I am forever *grateful* for getting my life back thanks to your **generosity**.

May you continue helping and saving lives for many more *decades* to come. You hold a very **special** place in my heart. You and your family will forever be in my *prayers* to always be **blessed** with health and continue to **prosper**.

Thank you very much,

Francisco Leon"

"I would like to thank Dr. Sanjay Razdan and all his staff of professional personnel for the **excellent** and perfect *Robotic Radical Prostatectomy* procedure you have performed on me, removing the cancer while leaving nerves **untouched** so that I may have a normal life with my wife and family.

There ARE not ever going to be enough words to say "**thank you**" and to express how much this will always be appreciated and kept in my heart. *You saved my life*. The quality of performance and your excellent top experience and most wonderful hands worked a **miracle** in removing such cancer. Your calming reassurance and *expertise* is making recovery much faster than I had anticipated. I must tell you Dr. Razdan, that you are the **greatest** surgeon in the world.

Thanks again for all you have done for my family and me

Sincerely,

Ramon Barrera"

1st International Robotic Prostatectomy Symposium

February 25th-26th 2011 • Fontainebleau Miami Beach, FL



P.A.R.T. is proud to announce that our 1st International Robotic Prostatectomy Symposium was a great success.

This comprehensive 2-day course focused exclusively on robotic prostatectomy. The world leaders in Robotic Prostate Surgery presented their techniques and shared their extensive experience.

Utilizing state-of-the-art 3-D technology, attendees had the opportunity to observe live surgeries and operative demonstrations of key technical aspects of the procedure and its recent modifications in robotic prostate surgery.

LIVE SURGERIES ON CHALLENGING CASES WERE EXHIBITED.

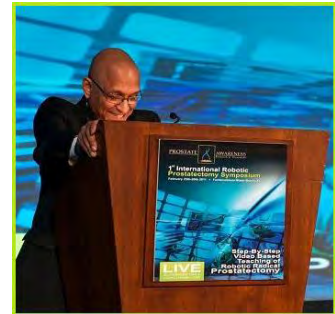
ABOUT THE COURSE

Didactic presentations covered robotic technology, patient selection, indications & contraindications, pitfalls & complications, patient preparation & positioning, operating room setup, and stepwise surgical techniques of Robotic prostatectomy. Video clips of surgeries allowed participants to review a series of clinical results while exploring the pitfalls and complications associated with Robotic prostatectomy surgery. Key content was provided on a large median lobe, post TURP, tips and tricks, technical nuances in achieving the trifecta (cancer control, continence, erectile function). Newer developments and the future of Robotic surgery were also discussed.

1st International Robotic Prostatectomy Symposium

February 25th-26th 2011 • Fontainebleau Miami Beach, FL







BE A PART OF P.A.R.T

HOW YOU CAN HELP

P.A.R.T. provides services to friends like you, including early detection information, diagnosis, and treatment.

Each day all across the world people of every age hear the three most life-threatening words:

“YOU HAVE CANCER”

From that day their lives are forever changed.

Please help us bring new hope and make a huge difference in the lives of many!



SAVE A LIFE

Please, contribute to our next free surgery.

I would like to become a member of the P.A.R.T. Foundation and pledge my support of:

\$ 25 \$ 50 \$ 100 \$ 150 Other _____

Your generous gift will make a huge difference to those currently being treated for cancer. "Help P.A.R.T save another life."

For more information please contact us at (305) 232-9570

Name _____

Address _____

E-mail _____

Payment Options

Please make your check payable to: Prostate Awareness Research & Treatment
9380 SW 150th Street, Suite # 200, Miami, FL 33176. Phone 305.232.9570. Fax 305.232-9571
Email: admin@prostateawareness.net
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One-Time Gift Friends of P.A.R.T Pledge Program Monthly Amount

Signature _____

SPECIAL THANKS TO ALL WHO MADE OUR FREE SURGERIES POSSIBLE



**SPECIAL THANKS TO OUR 1ST INTERNATIONAL ROBOTIC
PROSTATECTOMY SYMPOSIUM
SPONSORS / DONORS**



**SEE YOU NEXT YEAR AT OUR 2ND INTERNATIONAL ROBOTIC PROSTATE
SYMPOSIUM
FEBRUARY 25-26 2012**

P.A.R.T PARTICIPATES



Midnight Golf Gala "Sporty Celebration"



P.A.R.T. created awareness on the evening of the Midnight Golf Gala Celebration. Through P.A.R.T's community service and education healthcare will be improved in our community. Our goals will eventually be achieved and relief will be provided to the ones who needed. P.A.R.T. assisted in every possible way for the success of the event. There were 103 people in attendance. PART provided the 2nd and 3rd place prize to the Fashion Show winners. 2nd place prize was a 1 night stay at the Mimosa Hotel and 3rd place prize was coupons to Pollo Tropical. We shared P.A.R.T's brochures with all of the attendees of the Gala.



Journal Club Meeting

Date: June 8, 2011

Time: 7:00pm

Place: Ruth's Chris

This Journal Club Meeting was designed for physicians who care for patients with urology disorders. P.A.R.T. organized the event with the educational grant and commercial support of Aureon Biosciences and the following subjects were discussed:

- 1. Shock wave lithotripsy in patients requiring anticoagulation or anti-platelet agents*
- 2. Clinical Evaluation of the PCA3 Assay in Guiding Initial Biopsy Decisions*
- 3. The Relationship Between Prostate Specific Antigen Change and Biopsy Progression in Patients on Active Surveillance for Prostate Cancer*
- 4. The 20-core prostate biopsy as an initial strategy: impact on the detection of prostatic cancer*
- 5. Sodium Restriction as Initial Conservative Treatment for Urinary Stone Disease*
- 6. The Impact of Prostate Biopsy and Periprostatic Nerve Block on Erectile and Voiding Function: A Prospective Study*

Through a collaborative effort between AKH Inc. and P.A.R.T. 2 AMA PRA Category 1 Credit(s)™ and 2 nursing contact hours were provided.



Dr. Sanjay Razdan, M.D., MCh.

OUR FOUNDER

Dr. Sanjay Razdan specializes in urologic oncology with special interest in prostate diseases. He offers over six years of experience in robotic prostate surgery for prostate cancer. He is the founder and medical director of the Urology Center of Excellence and the International Robotic Prostatectomy Institute at Jackson South Hospital. As one of the global leaders in robotic prostate surgery for prostate cancer, Dr. Razdan has one of the largest repertoires for a single surgeon in the world.

Dr. Razdan's love and dedication for his profession and patients goes beyond his dynamic enthusiasm. He puts talent into his work and goes the extra mile to ensure positive outcomes in patients with prostate cancer.

P.A.R.T Mission

Our mission is to create awareness about diseases of the prostate especially prostate cancer the leading cancer among men. Prostate Cancer is the second leading cause of male death in the United States. Every year over 232,090 men are diagnosed with prostate cancer, and about 30,350 die. Majority of deaths from prostate cancer are related to advanced disease with metastases. If detected early, prostate cancer is mostly treatable.

Prostate Awareness Research and Treatment (P.A.R.T) is a non-profit organization committed to providing cutting-edge surgical technology, innovative medical research, and the best comforting patient care available. It is our priority to help patients and their families deal with prostate cancer and its debilitating effects.

Our Goals

- Awareness about prostate diseases
- Patient education through monthly newsletters
- Medical research
- Striving to find a cure for prostate cancer

The funds raised through donations will be used to provide assistance to patients who cannot afford treatment. Dr. Razdan will donate his time and expertise and perform a robotic prostatectomy on one patient a month, all expenses paid by P.A.R.T. We believe in treating and providing the best support services such as patient mentoring, education, and creating awareness, prevention, and treatment options for the patient and their family members.

"We rely on the hope that cancer patients in treatment will be supported, the hope that those lost will never be forgotten, and the hope that someday cancer will be eliminated."

- Lynn Brown

Prostate
Awareness
Research
& Treatment

"Sometimes it's the *smallest decisions*
that can *change your life forever*"

How You Can Help

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"You Have Cancer"

From that day their lives are forever changed...

Please help us bring new hope and make a huge difference in the lives of many!

Be a part of P.A.R.T.

Please, contribute to our next free surgery.

PROSTATE AWARENESS
Research & Treatment

SAVE THE DATE
February 25-26 2012
Miami, FL

**2nd International Robotic
Prostate Symposium**

Symposium Directors
Sanjay Razdan, M.D., MCh.
Raju Thomas, M.D., FACS, MHA
Thomas Ahlering, M.D.

THE ONLY TWO DAY
COMPREHENSIVE SYMPOSIUM
ON PROSTATE CANCER FOR
THE BEGINNER AND THE EXPERT

Especial Thanks to:

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